This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

- Claim 1 (currently amended): A prosthesis or orthesis for a member of a human body, comprising limb-forming components, which components are connected by pivoting couplings, and at least one first spring element whose ends are coupled with limb-forming components that are distinguishable from each-other one another, wherein a coupling element is provided spanning at least two of said pivoting couplings: of a limb-forming component, and a second spring element is provided which is arranged to store energy released from the first spring element and to release energy for tensioning the first spring element.
- Claim 2 (currently amended): A prosthesis or orthesis according to claim 1, wherein the member is a foot, and further comprising a lower leg portion, a heel portion, a front portion of the foot and a toe portion, wherein the front portion of the foot at either side ends in <u>pivoting couplings comprising</u> an ankle hinge and a toe hinge, respectively, for the coupling of <u>firstly on the one hand</u> the heel portion and the lower leg portion, and <u>secondly on the other end</u> the toe portion, and wherein the coupling element spans the pivoting couplings of the front portion of the foot.
- Claim 3 (currently amended): A prosthesis or orthesis according to claim 2, wherein the coupling element is connected on the one hand with the toe portion and on the other hand with a selection made from the group consisting of the lower leg portion and the heel portion.
- Claim 4 (currently amended): A prosthesis or orthesis according to claim 2 3, wherein the coupling element is connected on the one hand with the toe portion and on the other hand with the lower leg portion.

- Claim 5 (original): A prosthesis or orthesis according to claim 4, wherein the front portion of the foot and the heel part are integrated to form a whole.
- Claim 6 (original): A prosthesis or orthesis according to claim 1, wherein the coupling element is the first spring element.
- Claim 7 (original): A prosthesis or orthesis according to claim 2 wherein the heel portion and the lower leg portion share the ankle hinge of the front portion of the foot, while also being mutually coupled via a second spring element.